

Please Don't Throw Me Away!! You may want me later

Park Life News

The Ladybridge Park Residents Newsletter

Residents Club Edenbridge Road, Ladybridge Park,

Cheadle, Cheshire SK8 5PX. Telephone 0161 485 1188

Website – www.ladybridgepark.co.uk (Note there is also a facility for emailing the club on this site)



September 2008

This issue...a trip down memory lane into 1983 in our Silver Jubilee special, new keep fit class, key game update, and free food.....YES!! FREE FOOD and even more Free Food in this months IN IT TO WIN prize is Sunday Lunch for 2 in the club.

September is here at last and for many it is a time when kids go back to school, holidays are over, darker and colder evenings and dare I say it Christmas appears in the shops and television. However here at Ladybridge park resident's Club it is a time to celebrate our Silver Jubilee, yes the club is 25yrs old. We have enclosed a supplement this month, the pink insert, that has details of the events we are planning as we get into celebratory mood.

STOP PRESS after the supplement was printed a meeting at the club discussed the entertainment during the evening of Saturday 13th September as part of these celebrations. Tickets for the evening with top class act Sneak Preview and DJ Mark Peters are now on sale at only £5 each. During this meeting Lorraine suggested that in response to the hard work by residents and the increased use of the club it would be good to put on some free food for those attending the event. So she asked me to mention it in the newsletter. In Lorraine's words it isn't so much Free Food but **FREE FOOD!!!** So get your tickets at the club now.£5

Please Don't Throw Me Away!! You may want me later

Key game seems to be going down well on a Friday evening from 6pm in the residents' bar. When we went to print it still had not been won so the next draw on the 22nd August will be £160 and a choice of 5 keys. Remember if not won the prize goes up £10 per week and a 'wrong' key is eliminated. There is now a leaflet on the notice board in reception which will be amended each week to give the current prize fund and key situation.

One of the eagerly anticipated events of the year is the Sportsman's Dinner. This year we have ex Liverpool and Denmark footballer **Jan Molby** together with a compare and comedian. All this, plus a **FIVE** course meal **TICKETS NOW ON SALE AT THE CLUB, ONLY £30!!**

WELCOME JIM By the time this newsletter goes out we should have a new assistant manager in place to work alongside Lorraine and to develop the facilities at the club. His name is Jim Henn, so next time you are in the club give him a warm welcome.

Club Vouchers Please remember those of you who still have club vouchers for the prompt payment of your levy, they cease to be valid after the 4th October so use them or lose them.

In It To Win It! Sunday Lunch for 2 at the Club*

Answer the 3 questions below for a chance of winning this month's prize of **Sunday Lunch for 2* at Ladybridge Park Residents Club.**

(*Valid 5th October or 2nd November 2008 only)

1. What is the club's Web Site Address?
2. Name the new assistant manager at the Club?
3. Which Sunday in the month are Lunches available?

Information for the answers is IN this newsletter. Put your answers on a piece of paper together with your name and address. Put it into an envelope and address it to Stuart, c/o Parklife News, IN IT TO WIN IT and leave it with the Reception or Bar Staff at the club. Closing date noon Monday 15th Sept 2008.

Remember you have to be IN IT TO WIN IT. (Open to Residents Only)
Last month's winner R. Earnshaw 54 Twining Brook Road. Well Done

Please Don't Throw Me Away!! You may want me later

Park Life extra

Well it's arrived at last, September the Silver Jubilee month and the end of summer. Did we have a summer this year? Well now, 25 years ago, 1983 what were you doing, perhaps there wasn't even a you around to be doing anything, or maybe it sticks in your mind for reasons other than the Residents' Club opening up.

For those who may want to reminisce, or maybe hear about things for the first time, here are some of the things that were occurring twenty-five years ago in 1983.

January saw major changes on the telly with the launch of Children's ITV under the CITV title. This was followed 2 weeks later by BBC launching Breakfast Time with Frank Bough, I wonder whatever happened to him. Something else airing for the first time was the show that started "**In 1972 a crack commando unit was sent to prison by a military court for a crime they did not commit. These men promptly escaped from a maximum-security stockade to the Los Angeles underground. Today, still wanted by the government they survive as 'soldiers of fortune'. If you have a problem, if nobody else can help, and if you can find them, maybe you can hire The A Team**" I bet those who know it have now got that theme tune going on in their heads. Other things of note from January was the retirement of 5 times winner of Wimbledon Bjorn Borg from the professional tennis circuit and the wearing of seat belts for front seat passengers becomes compulsory.- So Clunk click every trip!

February saw the kidnapping of Irish racehorse, Shergar. The horse was never found but there were unconfirmed sightings of Lord Lucan riding him on New Brighton beach, or so it was rumoured.

March saw the first Swatch wristwatch on the market, and Michael Jackson's first public performance of his Moonwalk. On a more serious note, American President Ronald Reagan proposed the development of technology to intercept enemy missiles dubbed the 'Star Wars' programme.

Please Don't Throw Me Away!! You may want me later

April and an Oscar is given for Gandhi in the best film category. The first Disney Theme Park outside the USA opens in Japan and German magazine Stern announces it has the Hitler Diaries. These were later found to be fakes, oops!

May brought European football success to the UK when Aberdeen beat Real Madrid 2 – 1 in the European Cup Winners Cup. Not so good news south of the border though as the Metropolitan Police in London introduce the 'wheel clamp' for illegally parked vehicles.

June sees British Prime Minister Margaret Thatcher win the General Election. Labour leader Michael Foot resigned soon afterwards to be replaced by Neil Kinnock. In sport, India win the Cricket world Cup. Eyes are turned upwards as Pioneer 10 becomes the first man made object to leave the solar system, and Astronaut Sally Ride becomes America's first woman in space.

July sees attention drawn to Japan as the first Nintendo Entertainment System goes on sale. Wow kids, there was a time before Nintendos, X Boxes and Game Boys. And the lowest temperature on earth was recorded at Vostock Station in Antarctica at -89.2°C (-128°F)

August brings another first in the space programme as Guion S. Bluford becomes the first Afro-American in space. Down on earth Benigno Aquino, the Philippines opposition leader is assassinated at Manila airport as he returns from exile.

September and more violence at the start of the month as a Soviet Union Jet fighter shoots down a Korean Airlines Boeing 747 as it strays into Russian airspace. All 269 people on board are killed. Elsewhere a Gulf Air passenger plane crashes in the United Arab Emirates after a bomb explodes in the baggage compartment. All 117 on board are killed. In Britain concerns were raised when 38 Irish republican prisoners armed with 6 hand guns escaped from the Maze Prison; this is the largest prison escape in British history. On a more light hearted note Donna Griffiths of Pershore stops sneezing. She had started sneezing on the 13th January 1981, (yes 1981) and had been sneezing for 978 days. A record not to be sniffed at there.

Please Don't Throw Me Away!! You may want me later

October brought new terrorism acts when simultaneous suicide truck bombings in Beirut destroy the military barracks of French armed forces and US Marines. In total 305 people are killed. Earlier in the month UK patriotism was raised after Richard Noble broke the land speed record in Thrust 2 with a recorded speed 633.468 mph. Noble held the record until 1997 when he was Project Manager for the Andy Green driven Thrust SSC which saw the record raised to the supersonic speed of 760.433mph. That record still stands. The end of the month saw the release of Microsoft Word, how did business exist before that?

November nearly brought a premature end to the year and the planet as Nato Exercise Able Archer 83 begins. Prior to the exercise there was already a worsening of relationships between the American and Soviet governments with the anticipated delivery of American Pershing II missiles to sites in Europe. The realistic nature in the way the exercise was carried out using new and unique coded communications and radio silences, a simulated Defcon 1 Nuclear Alert, and participation by heads of states, led the Soviet Government to believe the exercise was a ruse for a real nuclear attack and put its own troops on high alert. It was not until the exercise was completed that some sense of normality returned. However that was short lived as the first cruise missiles arrived 2 days later and then later on in the month Russia invaded Afghanistan. But even with the threat of war some things go on, and that includes crime as thieves walk off with, (or should that be stagger?) 6,800 gold bars, worth £26 million from the Brinks Mat depot at Heathrow. And in Spain 181 people are killed as a plane crashes as it comes to land in Madrid.

December and Michael Jackson is back in the news as the music video Thriller is released, wasn't it nice when he made the news for his music. Tragedy again strikes in Madrid as two passenger planes collide on a foggy runway in Spain killing 90 people. Elsewhere in Madrid a fire at a discotheque leaves 83 people dead. And violence in other parts of Europe as an IRA bomb blast outside Harrods London store kills 6 Christmas shoppers and injures 90. And finally the last day of the year sees two bomb explosions in France as 3 are killed on a Paris train and the other at Marseille station kills two.

The good old days were not always that good after all, I hope your personal memories of 1983 are golden and happy.

Please Don't Throw Me Away!! You may want me later

The **Park Life News FUN QUIZ** is taking a break for this month, but if you would like a fun quiz with an 80's theme come to the Residents' Lounge for 8.45pm on Thursday the 18th September to take part in our Silver Jubilee special quiz.

The Vine

Community Coffee Morning, Each **Thursday Morning from 9am to 11am** at The Vine, 53 Twining Brook Road Cheadle Hulme. Come and meet your neighbours. Free Coffee/Tea/Cake etc All Welcome

*****Please note for 1 week only the Coffee Morning will move to Friday on the 26th September as we celebrate our 2nd Anniversary and for a third time join in with MacMillan Cancer Support's Biggest Coffee Morning in the World. For this day only we will start at 9.30am and remain open until 1.30pm for Morning Coffee and Lunch. ALL PROCEEDS GO TO**



and we may have a bit of fun along the way.....

All welcome so please come along and support this worthwhile cause.

I get asked from time to time to put something in this newsletter about various things that can usually come in the category caring for your neighbour and the community. Often these are just oversights but perhaps it can be timely reminder for us to see if this affects us. Road safety, watch your speed, children playing in the road way, cars parked in awkward positions that restrict visibility. Animals not under control and fouling the pavement. Refuse bags put outside and not tied up allowing their contents to fall out. Let's get the community spirit back and look out for our neighbours.

I have also had a contact from Sara. She is doing some exercise classes and the information is as follows.

New fitness classes on Thursdays starting 25th of September.

At 7pm is Fitness Pilates, a class that will help improve your posture, flexibility, balance and core strength (Please bring a mat or towel for floor exercises). At 8pm is Belly Dance Fitness, a fun exercise class where you'll get your hips swinging. A great way to get fit while having fun. Class are £4 each or £6 for both. They are suitable for adults of all ages and abilities. Call Sara for more information on 0161 355-6285.

Please Don't Throw Me Away!! You may want me later

Regular Groups and Clubs

Fancy a change? Come to one of our regular groups. Everyone welcome.

Just turn up at the appointed time and place or contact reception for more details.

With the holiday season some clubs may be taking a break, do check first.

Monday

Keyboard Group Meet in the Residents Lounge 1.30m to 4.00pm

Karate meet in the Large Hall 6.30pm to 8.00pm

Bingo is taking a break during the summer - back in October

Rodney's Meat Raffle in the Residents' Lounge from 9.00pm to 10.30pm.

Tuesday

Gent's Coffee Morning. Meet in the Residents' Lounge for an informal chat and a coffee (or tea) from 10.30am

Residents Badminton Group In the large hall between 6.30pm and 9.00pm learners and novices for a friendly game some gentle coaching from Alistair

Computer group Meet in the Residents' Lounge for an informal meeting for all levels at 7.30pm

Wednesday

Ladies Coffee Morning. Meet in the Residents' Lounge from 10.30am for an informal chat and a coffee..(or tea)

Thursday

Tai Chi Meet in the small hall from 10.30am to 12 noon.

Arts and Craft Group Meet in the Residents' Lounge from 1.00pm to 4.00pm. For painting, drawing and other crafts join this friendly group

7.00pm **Fitness Pilates** and 8.00pm **Belly Dancing Fitness** Do either one or both - see page 6 for more details.

Tai Chi Meet again in the small hall from 7.30pm to 9pm.

Quiz Night Residents' Lounge from 9.00pm. For those who want to exercise their brain or just have some fun. (See Pink insert re 18th Sept S)

Friday

Friday Teas Residents Lounge from 6.00pm to 8.00pm varied menu of home cooked food. **PLEASE NOTE NO TEAS FRIDAY 19th & 26th SEPT**

First Sunday In The Month

Sunday Lunch In the Small Hall Served 2pm to 6.00pm. Take a day off from the kitchen and come to the club and relax.

First Friday in the Month

Curry Night meets in the Residents' Lounge at 7.30pm

Please Don't Throw Me Away!! You may want me later

Ladybridge Park Entertainment

In the Residents' Lounge from 9.30pm unless stated

Saturday 30th August 2008 A new face to Ladybridge Park Residents' Club and something a bit different from the norm is **John Reynolds** and all round entertainer singer/guitarist.

Saturday 6th September 2008 Also making a debut to Ladybridge Park we have Christy Lee. I am told that she is a terrific female vocal impressionist and something a little bit different. So come on in and give her a warm welcome.

Saturday 13th September 2008 is Party time to celebrate the Club's SILVER JUBILEE so come on down for **Sneak Preview's** Blues brothers tribute plus hits from the 70's 80's and 90's. Sharing the bill is **DJ Mark Peters** with an 80's theme disco
Remember all this fun and tickets are on sale at the club now for only £5 each and **Free Food** on the night.

Thursday 18th September 2008 following the Club's Jubilee theme we have an **80's Theme QUIZ NIGHT** from 8.45pm. How well do you remember the 80's.

Friday 19th September 2008 Danny's Karaoke from 7.30 in the Residents' Lounge. Have you got the X-FACTOR? All welcome to come and warble your tonsils and burst into song. Under 18's particularly welcome before 9.00pm (No teas this week or on the 26th Sept either)

Saturday 20th September 2008 We have **Paula Delany** who was so good the last time she was here we invited her back.

Saturday 4th October 2008 We take a break from the singing for something a little bit different. He is fantastic and internationally acclaimed, or so he tells us and we believe anything he tells us because he is **Alan Bates**, the hypnotist. Prepare for the unexpected.

This Months Park Life News edited by Stuart Hardman. Need a Large Print edition or emailed copy? Leave a note for Stuart at the club or email parklifeneeds@hotmail.co.uk.